

2019 ENTRY FORM

Form must be received by 6/25/19.

☐ 5K ☐ 1-2 Mile Walk ☐ Kids' Fun Run

First Name Last Name

Gender Date of Birth Age (on race day)

Address

City, State, Zip

Email/Phone

2019 USATF-NJ #

Team Name/Captain if applicable

Tech Tee: ☐ Unisex Adult ☐ Adult Ladies

☐ YouthL ☐ Sm ☐ Med ☐ Lg ☐ XL ☐ XXL

Guaranteed to pre-registrants; available event day while supplies last.

\$ ____ 5K until 5/31 - \$25 (\$22 USATF)

\$ ____ 5K from 6/1-7/2 - \$30 (\$27 USATF)

\$ ____ 1-2M Walk until 7/2; tee \$20; NO tee \$10

FREE Kids Fun Run ☐ Sm ☐ Med ☐ Lg ☐ XL

Event Day: 5K - \$35; 2M - \$25

\$ ____ Please add my tax-deductible donation

\$ ____ **Total enclosed by check** (no cash in mail)

Checks payable to: Market Street Mission
Mail to: 253 W. Westfield Ave, Roselle Park, NJ 07204

In consideration of this entry being accepted I hereby for myself, heirs, executors, and administrators waive and release any claims I may have against Sports Action Reaction LLC, Market Street Mission, USA Track and Field, USATF-NJ, County of Morris and any and all Parties, Groups, Organizations, Volunteers, Sponsors, and (or) any Representatives involved in Market Street Mission 5K Race for Recovery for any and all injuries suffered by me in this event. I certify that I am physically able to compete in this event. I agree to abide by and cooperate with the race officials' instructions/decisions. I understand safety is the top priority of this event; dogs, other pets, in-line skates, skateboards, bicycles, and similar devices are not allowed on the course; and my entry fee is non-refundable for any/all reasons including unavoidable event cancellation/rescheduling. By providing my email address I agree to receive emails regarding this or similar events by Market Street Mission/Sports A/R. I grant full permission to use any photos, video, recording or other record of my attendance at this event for legitimate purposes without compensation or remuneration. By agreeing to this waiver, I certify that I am either over 18 years of age or that I am the parent/legal guardian of this registrant who is under 18 and agree on their behalf. I hereby agree to the terms of the USATF Combined Waiver and Release Form which can be read in its entirety at <http://www.usatf.org/Products---Services/Event-Sanctions/Resources.aspx> or obtained by contacting the event organizer.

Signature (parent if under 18)

Date

TO REGISTER

Online with credit card or
via mail with check.

EVENT INFO

Sports A/R 908-245-3000
tears@practicehard.com

SPONSORSHIP

Susan 973-538-4819
sbosworth@marketstreet.org

VOLUNTEER

Thalia 973-538-6337
tgarzon@marketstreet.org



MARKETSTREET.ORG/5K



5K RACE FOR RECOVERY

MARKET STREET MISSION
MEALS, SHELTER, HOPE
July 4th



JOIN US for a fun & energetic holiday morning!

DATE & LOCATION
 Thursday, July 4th, 2019 ****Rain or Shine****
 Central Park of Morris County, Morris Plains

SCHEDULE
 7:30am – Registration and Check-In open
 9:00am – 5K Run start
 9:05am – 1-2 Mile Friends & Family Walk start
 9:45am – Kids Fun Run start (12 & under)
 10:00am – 5K Awards Ceremony & Giveaways

COURSES
5K: the course traverses tree-lined paths and trails, open fields, & even parallels a running stream throughout the park.
1-2M Walk: the route is on paved park pathways & is mostly flat. Choose your distance between 1-2 miles. The walk is stroller and wheelchair friendly.
Kids Fun Run: 12 & younger, sprints on the grass

AWARDS & SCORING
5K: Top 3 Overall M/F, Top 3 M/F in 5 year age groups
Age Groups: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, etc. to 85+

AMENITIES
 Registration comes with a souvenir event tee. Ladies sizes available this year! (Guaranteed to pre-registrants so sign up early! Event day sign ups will receive tees while supplies last.) Refreshments will be served throughout the event. Our DJ will be spinning energetic tunes all morning. Beat the heat with 3 water stations on the course, a finish line water station, AND a finish line cooling station with icy cloths!

**REGISTER AT
 MARKETSTREET.ORG/5K**

MARKET STREET MISSION

The Market Street Mission ministers to the homeless, helpless, and hopeless in Northern NJ by meeting their physical, emotional, and spiritual needs through a structured program which enables them to lead responsible, productive lives.

- Last year, Market Street**
- Served **90,000** meals
 - Provided **30,000** nights of shelter
 - Graduated **45** men from our Life Change Program
 - Distributed backpacks, coats, Christmas gifts, and over **\$35,000** in Thrift Store vouchers



GET INVOLVED

- **Register** to participate!
- Consider a **donation** above your registration fee.
- **Fundraise** by asking family & friends to sponsor your run or walk with a donation.
- Get your family & friends involved & run as a **team**!
- Become a **sponsor** & help make the race possible!

WHY DO WE RACE?

- We race to **support Life Change** for those seeking it at Market Street Mission.
- We race to encourage the 1 in every 10 **families in America affected by addiction** today.
- We race to **remember a loved one** who lost his/her battle to addiction.
- We race to **educate our kids** about the dangers of drug and alcohol abuse.

FUNDRAISING

Keep track of the donations you've collected here.

Sponsor Name & Address	Amount	Matching Gift

Please have your supporters **make checks payable to Market Street Mission**. Donations can be sent directly to MSM at 9 Market St, Morristown, NJ 07960 or if funds are accompanying a registration form, send to Sports A/R. For credit card donations, please direct supporters to MarketStreet.org.

